

Analysis on the Application of Micro Teaching in College Basketball Teaching

Wenjie Fan

Jiangxi Vocational Technical College of Industry & Trade, Nanchang, China

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Abstract: with the deepening of sports teaching information work, more and more educators begin to realize that the innovation of the existing college basketball teaching mode will directly and effectively promote the improvement of college basketball teaching level. Starting from the practical application theory of micro education in college basketball teaching, this paper discusses the application of micro course education in college basketball teaching, discusses the application problems of micro course in College Basketball Teaching in China, and on this basis, discusses the specific measures of micro course application in college basketball teaching, in order to provide new reference for practice The application of Ideological Education in ball teaching.

1. The Practice and Application of Basketball Micro Class Teaching

Micro course teaching refers to transforming knowledge into microwave and guiding students to carry out teaching with the help of this highly concentrated knowledge. At present, the successful micro course teaching method mainly refers to the experience of the college. The college adopts the electronic form system. At the same time, the college also integrates the teaching content, subtitles and interactive discussion system to give full play to students' autonomous learning ability in basketball teaching The best practice of applying micro class teaching is to encourage students to actively grasp the learning objectives of basketball teaching activities, fully reflect on the background of basketball teaching and the problems that students need to solve, and form a learning group to jointly solve the learning problems. The integration of micro class education and basketball class can absorb the differences, and the result is that individuals absorb different knowledge, especially basketball games Movement, including both sports theory and sports practice, the differences between individuals are more and more obvious. However, the existing basketball teaching mode in China can not take into account the differences between students, that is, the differences between students and the promotion of basketball teaching effect is greatly reduced. Therefore, small class teaching can guide students to actively carry out basketball learning on the basis of existing knowledge To meet the needs of different learners of basketball class, so as to create an atmosphere of mutual learning.

2. Problems Existing in the Application of Micro Course in College Basketball Teaching

2.1. Teachers Lack the Necessary Training to Make Micro Courses

As we all know, without the corresponding small class production capacity, small class production can not survive. However, due to the unequal level of computerization of existing basketball teachers, most of the small class contents completed by teachers present the description of theoretical knowledge. We should realize that basketball class not only needs to learn basketball theory, but also takes "three-step basketball micro course" as an example, shooting technical measures are typical basketball sports Demonstration: in the traditional basketball teaching mode, students can only observe the teacher's shooting action in the classroom. However, due to the time limit of their own memory, if the students do not master the behavior ability, they will be injured by the wrong behavior. In order to prevent the students from being injured, the teachers should use the micro class contained in this chapter. However, due to the lack of training of micro courseware in production, teachers should use the micro class This kind of simple micro courseware is difficult to

stimulate students' interest in learning. It is not conducive to the application of micro education in basketball class.

3. The application of micro class teaching in basketball is a state of process rigidity.

In fact, more and more teachers realize that the new teaching methods represented by micro class and MOOC have changed the existing teaching methods in our country. Especially for PE teachers, micro class plays an indispensable role in the innovation of basketball teaching mode. In the teaching process, if teachers are willing and willing to make basketball micro courses, we will actively integrate teaching contents and micro courses To support the teaching work. The application of micro class teaching in basketball teaching is in a state of rigid process, which can not achieve the expected effect. This is because in micro class teaching, more attention is paid to the three aspects of theoretical explanation of basketball viewpoint, focusing on taking technical measures and other practical actions, and organizing micro learning tasks after school, but this practice is different from the traditional method. The teaching method of basketball is almost the same, but the teaching scene is transferred from the classroom to any place where the network can be connected. If the basketball micro class does not extend to the level of feedback analysis, it can not only provide the auxiliary function of micro class for students, but also lead to the situation of rigid thinking in the design of micro class classroom.

4. Continue to promote the development of micro course resource training

As we all know, improving basketball teachers' micro teaching skills will directly affect the application of micro teaching in College Basketball Class: first, the school should bear the main responsibility of micro class production training, and reward basketball teachers from time to time. In the development of micro course training, not only the design of micro course, but also the relevant theoretical knowledge of basketball class should be included in the development of micro course Medium. Basketball class should not only learn the theoretical knowledge of basketball, but also embody the practicality of basketball. Therefore, the school should include the theoretical knowledge of basketball micro combination and other theoretical knowledge in the course design and training. In order to support teachers' follow-up teaching and research work, 2. Constantly improve the production level of micro class teachers, colleges and universities should organize regular exchange and discussion activities on the production of micro class resources of basketball class Finally, colleges and universities should carry out basketball micro course production competition in the school, and students can choose the most popular basketball micro course in their school. Through this competition, basketball teachers can face their own blind spots and constantly improve their basketball micro course production level.

5. Application of Innovative micro class teaching in Basketball Class

In order to change the solidification process of basketball micro course, teachers should actively adapt to the teaching mode of college basketball micro course. On the one hand, they should adapt to the leading role of basketball micro course. Taking basketball demonstration class as an example, in the past, teachers were the leader of basketball. Although teachers can show correct actions, they can not arouse students' resonance. On the other hand, teachers can not only guide students to participate in the teaching process of micro basketball games or micro action system The action ability of basketball stars, in order to effectively activate the enthusiasm of primary school students to participate in basketball learning, actively carry out professional research on basketball related theoretical knowledge.

6. Conclusion

In short, the practical application of micro course in college basketball teaching is a long

application work. Therefore, teachers should focus on the problems existing in the application of micro course in College Basketball Teaching in China, and start to apply innovative micro course in basketball teaching to effectively improve the teaching level.

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